

30-Minute Chili

Ingredients

- 1 lb ground chuck or lean ground
- 0 beef
- 1 onion, large -- chopped
- 1 cn kidney beans (12 oz)
- 1 cn tomato soup -- undiluted
- 1 t salt
- 1 T chili powder (or to taste)

Instructions

Brown the meat in a little butter and cook until the meat is brown - about 10 minutes. Add all other ingredients and let simmer for 30 minutes. Your choice of hot sauce may be added to taste.

Recipe By :

File

<ftp://ftp.idiscover.co.uk/pub/food/mealmaster/recipes/r>